



# OZONE STEAM SAUNA



## OPERATION MANUAL

## IMPORTANT INFORMATION

1. Ozone might not be suitable for some people. Consult with your medical professional.
2. Ozone should not be inhaled. Place a towel around the neck to seal ozone inside the sauna.
3. Follow all protocols as instructed in this manual and by your medical professional.
4. Before beginning a session, make sure the wheel brakes are locked.

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# Ozone Sauna Layout



## INSIDE

- |                           |                       |
|---------------------------|-----------------------|
| 1. Ozone Port             | 2. Temperature Sensor |
| 3. Height-Adjustable Seat | 4. Steam Outlets      |
| 5. Non-Slip Floor Mat     |                       |



## OUTSIDE

- |                          |                       |
|--------------------------|-----------------------|
| 1. O3 Inlet              | 2. Main Power Cable   |
| 3. Airflow Ducts         | 4. Main On/Off Switch |
| 5. Water Bottle Holder** | 6. Bracket Wheels     |
| 7. LCD Controller        |                       |

\*\* Use 3L bottles only

## FILLING THE WATER CHAMBER

Fill the 3L water bottle with distilled water. Then place the bottle upside down in the funnel.

The water must be refilled when the water level is below 1/3 of the maximum capacity.

*Minerals in unfiltered water may cause the water feeder pipe to clog up over time. This can cause the sauna to malfunction.*



## SAUNA SESSIONS

### **Beginning a new sauna session:**

Adjust the height of the seat to fit the client.

Put a small towel on the seat. Place a non-stick mat or towel in front of the sauna.

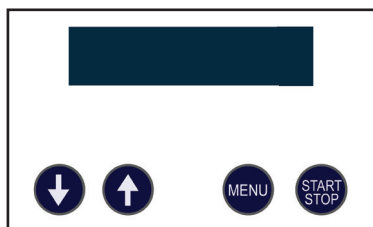
Make sure there is no accumulated water under the sauna's floor mat.

Begin the Startup Procedure on the next page. If you want to preheat the sauna, place a towel over the head opening to prevent steam from escaping.

**NOTE:** We recommend drinking plenty of water after the sauna session.

# START UP PROCEDURE

- Step One:** Ensure water bottle is at least half full before turning on the sauna.
- Step Two:** Make sure you only use a quality wall socket. Plug in the sauna and switch on main power at the wall socket.
- Step Three:** Flip the On/Off switch on the back of the sauna to ON.
- Step Four:** Adjust the controller on the front as described below.



**Time:** Press MENU once. A default 30 minute session will display. To increase or decrease the time, use the arrow keys.

**Temp:** Press MENU again. 100° F will display. To increase or decrease, press the arrow keys.

## STARTING/STOPPING

After you've gone through the Startup Procedure, to start your session, press the START/STOP button on the controller.

The session will now run with the settings you chose in Startup.

Once the adjusted time has lapsed, the sauna will display "Session Stopped" on the LCD display and all functions will cease.

To stop an active session, press the START/STOP button. To resume, press MENU to adjust your settings and then push START/STOP.

# CLEANING THE SAUNA

Cleaning can be done with a damp cloth and a mild detergent of your choice. Always ensure the sump area under the non-slip floor mat is dried and cleaned after each session.

## Take Note:

- Do not use benzene, alcohol, bleach, or any strong cleaning chemical on the inside of the sauna before use.
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- Acetone may be used to wipe stubborn blemishes or marks off the outside.
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- Avoid exposure to rain or damp environments during storage.
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- During transportation, please handle with care and keep sauna upright.
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- Do not mix ozone and ether as a chemical reaction will take place.

# DISCLAIMER

This product is designed to operate as an ozone therapeutic device, which will perform certain functions. The product has been manufactured to the best standards and strictly in line with design specifications. However, the manufacturer will take no responsibility if the unit fails due to natural disasters, negligence, improper usage, and/or not adhering to the instruction manual. Although many users have found the product to be successful, we do not guarantee its effectiveness in the healing process, as it varies from user to user.

## WARRANTY

The manufacturer warrants that this product was manufactured free of defects in materials and workmanship, and for a period of two (2) years after date of original purchase, the Manufacturer and/or its local official Distributors agree to correct any such defect in the product by repair or replacement (at their discretion and, if the product is to be replaced, with the same or a comparable quality product). The manufacturer does not warrant the GRP, metal or any other material with respect to finish, dent, scratches, and cuts etc. which are or should be apparent to the purchaser when the product is received. It is the customer's responsibility to inspect this product upon delivery to ensure that it is free from defects or damage.

**For more information, contact:**

Promolife  
support@promolife.com  
888-742-3404

Date Purchased: \_\_\_\_\_

NOTES: \_\_\_\_\_

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